

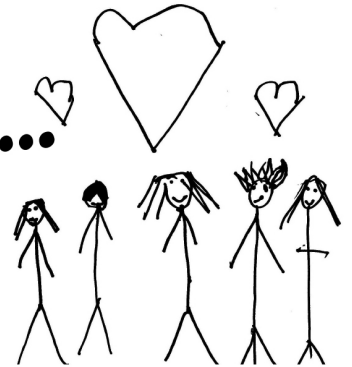
**Images and Worksheets**  
that you can use together with the FRAMES book

Peter Slattery  
[www.peterslattery.com](http://www.peterslattery.com)

LIVING...




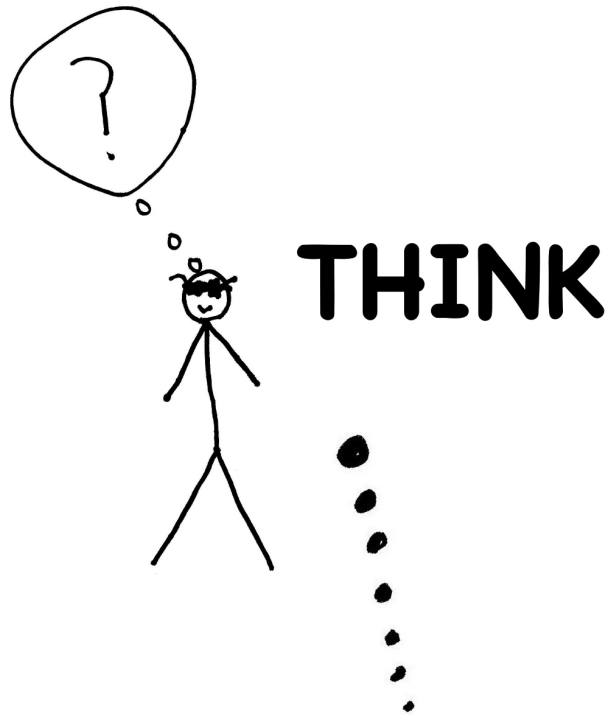
LOVING...



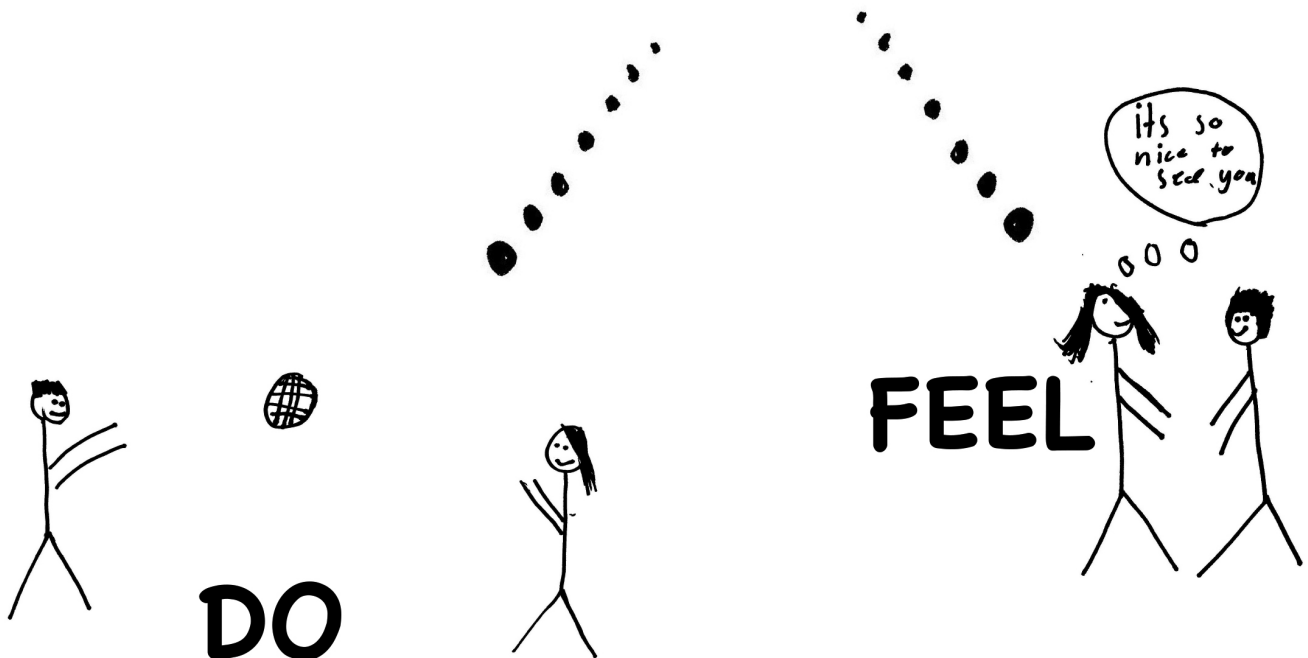
YOU

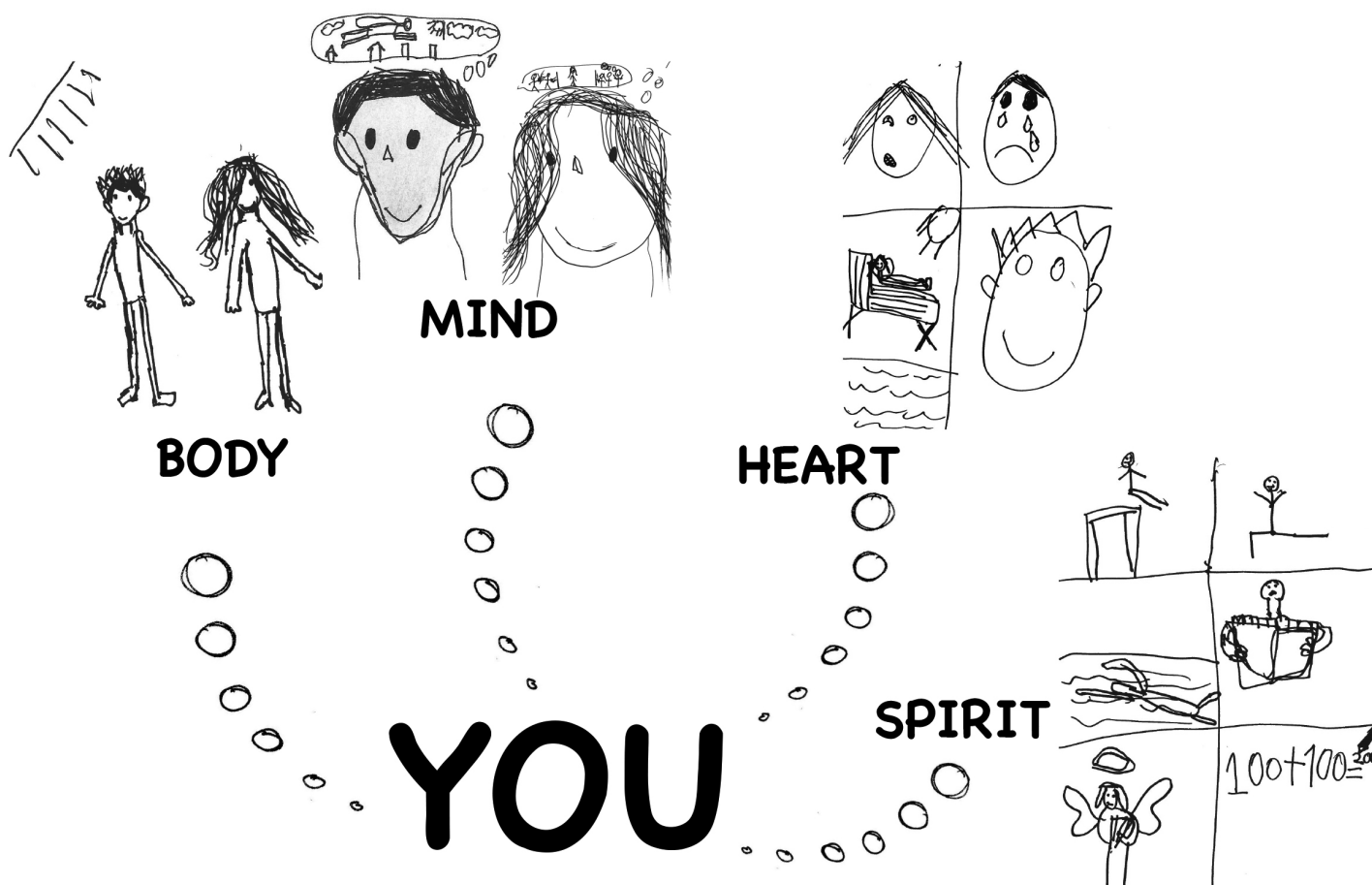
LEARNING...

$1+1=0$  ~~yes~~   
 $1+1=2$  ✓



**YOU**

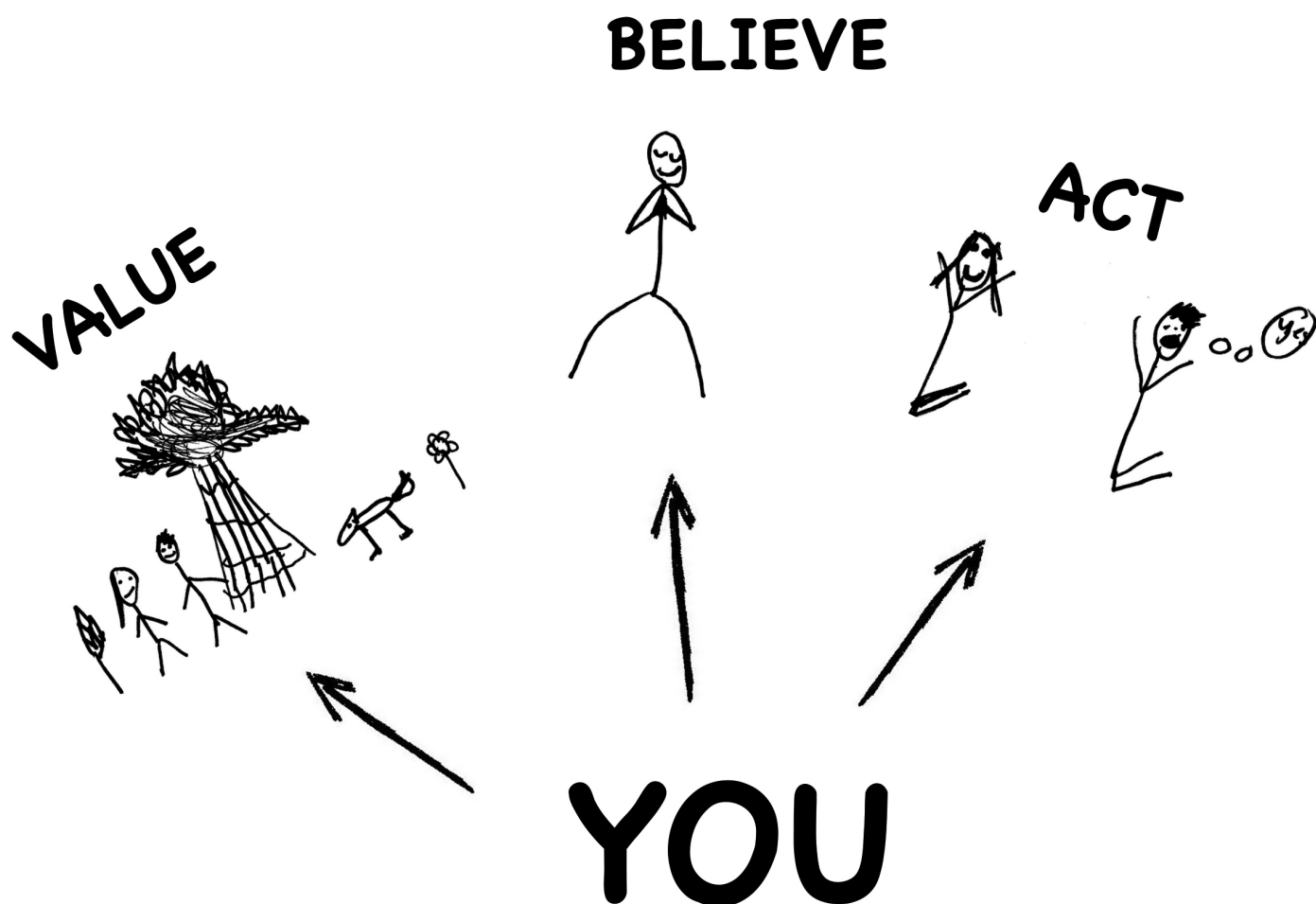




Frame Name: Body, Mind, Heart, Spirit Frame

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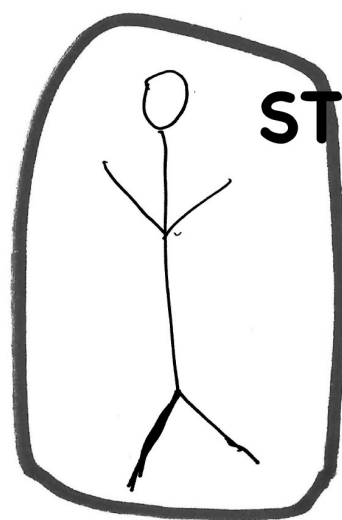
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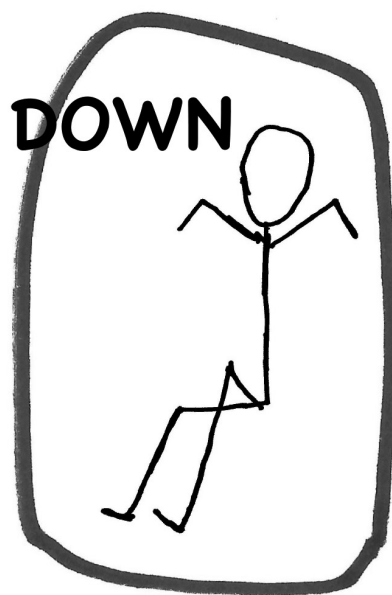
Frame Name: Believe, Value, Act Frame

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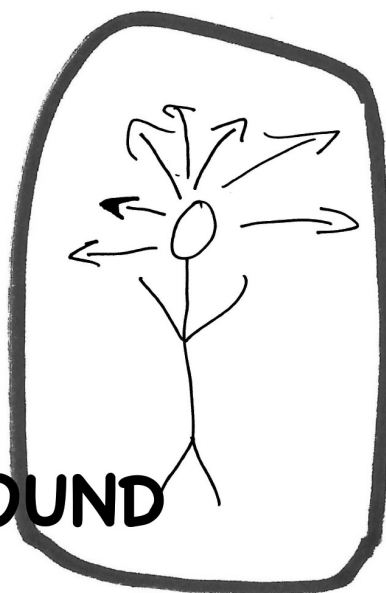


**STAND UP**

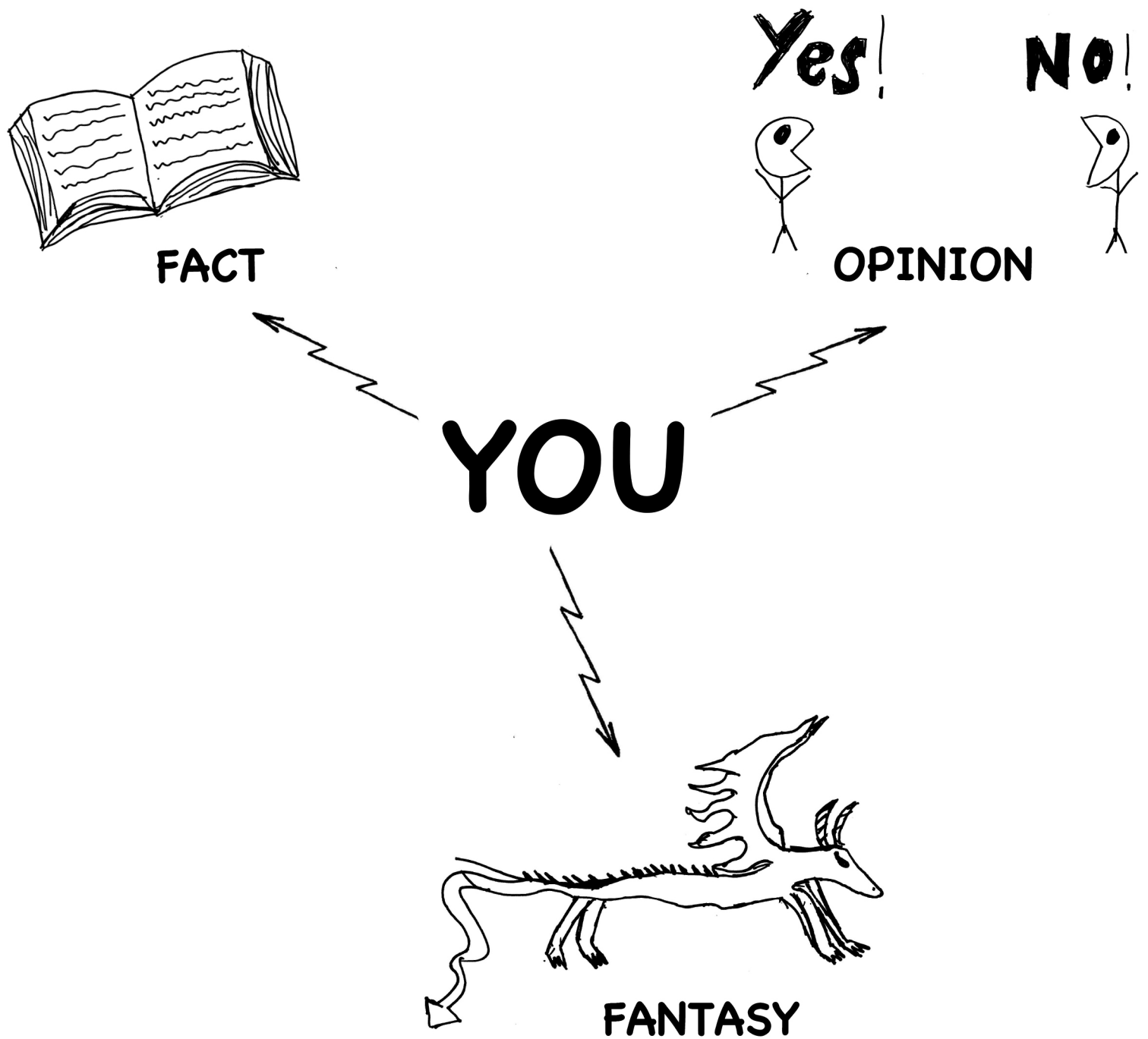


**SIT DOWN**

**YOU**



**LOOK AROUND**



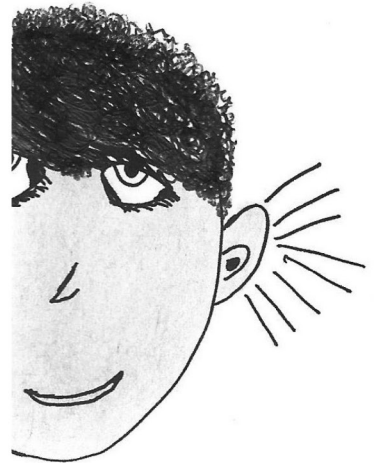
Frame Name: Fact, Opinion, Fantasy Frame

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**LOOK**



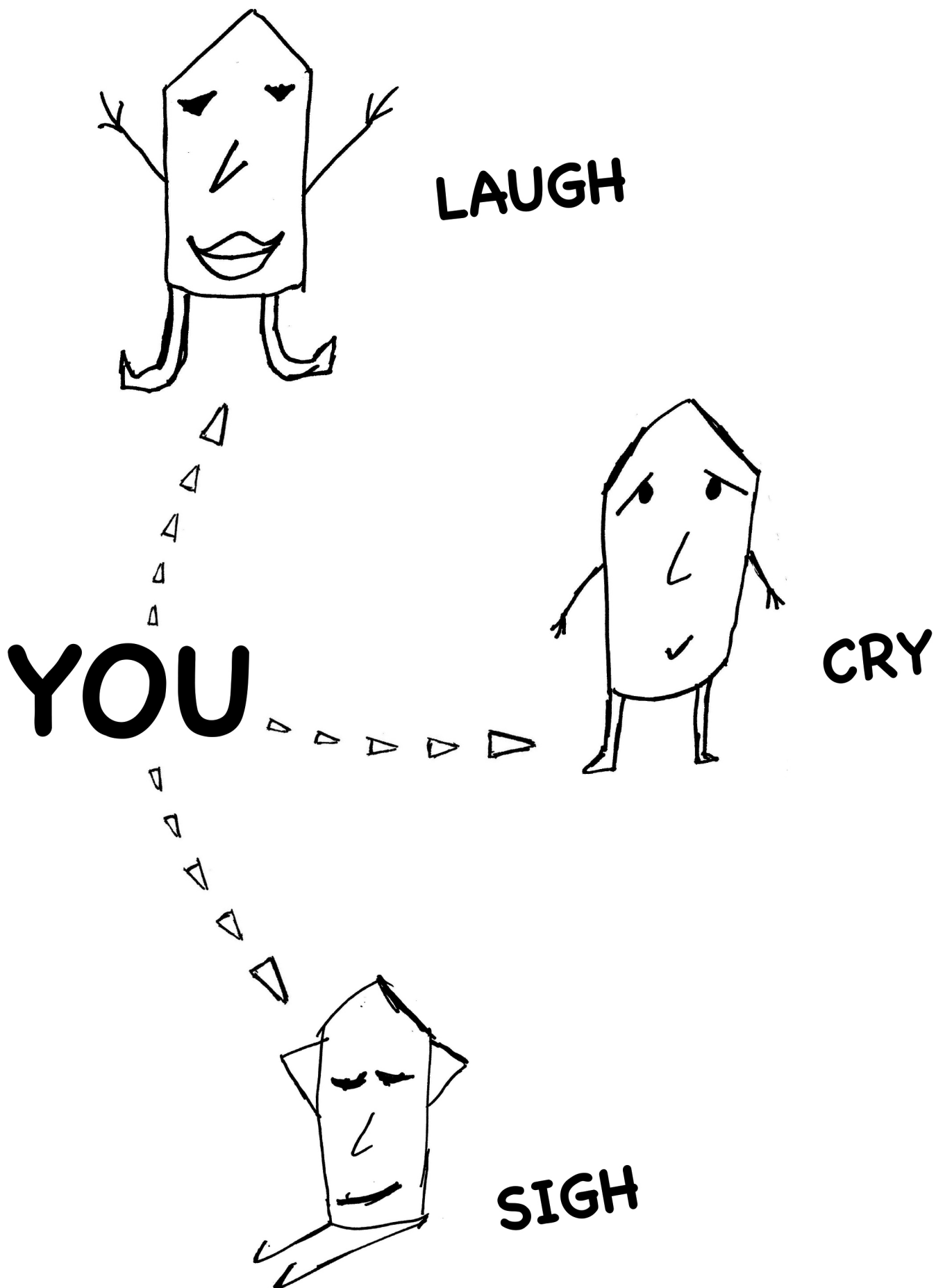
**LISTEN**

**YOU**



**FEEL**





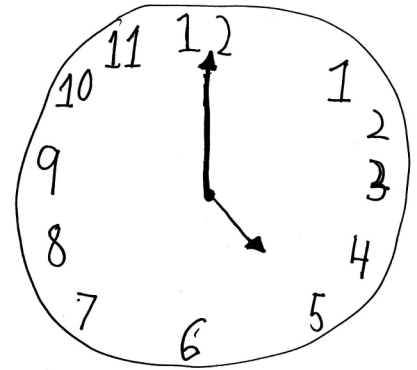
Frame Name: Laugh, Cry, Sigh Frame

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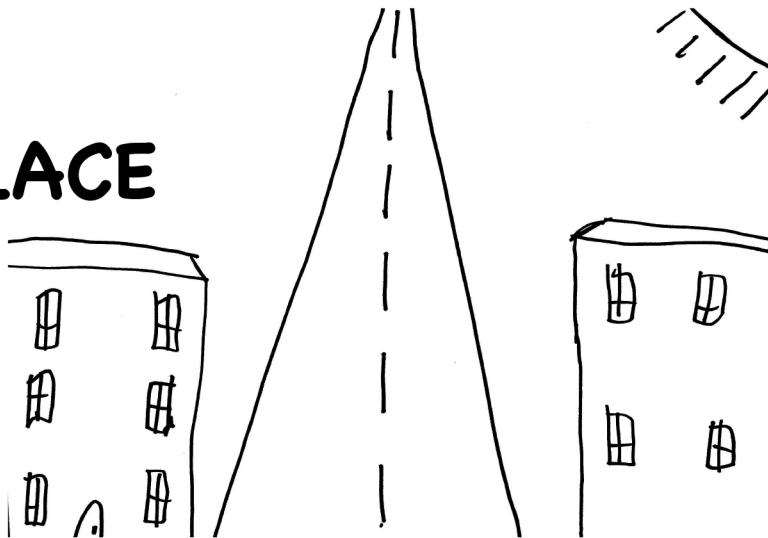
**PERSON**



**MOMENT**

**YOU**

**PLACE**





**YOU**

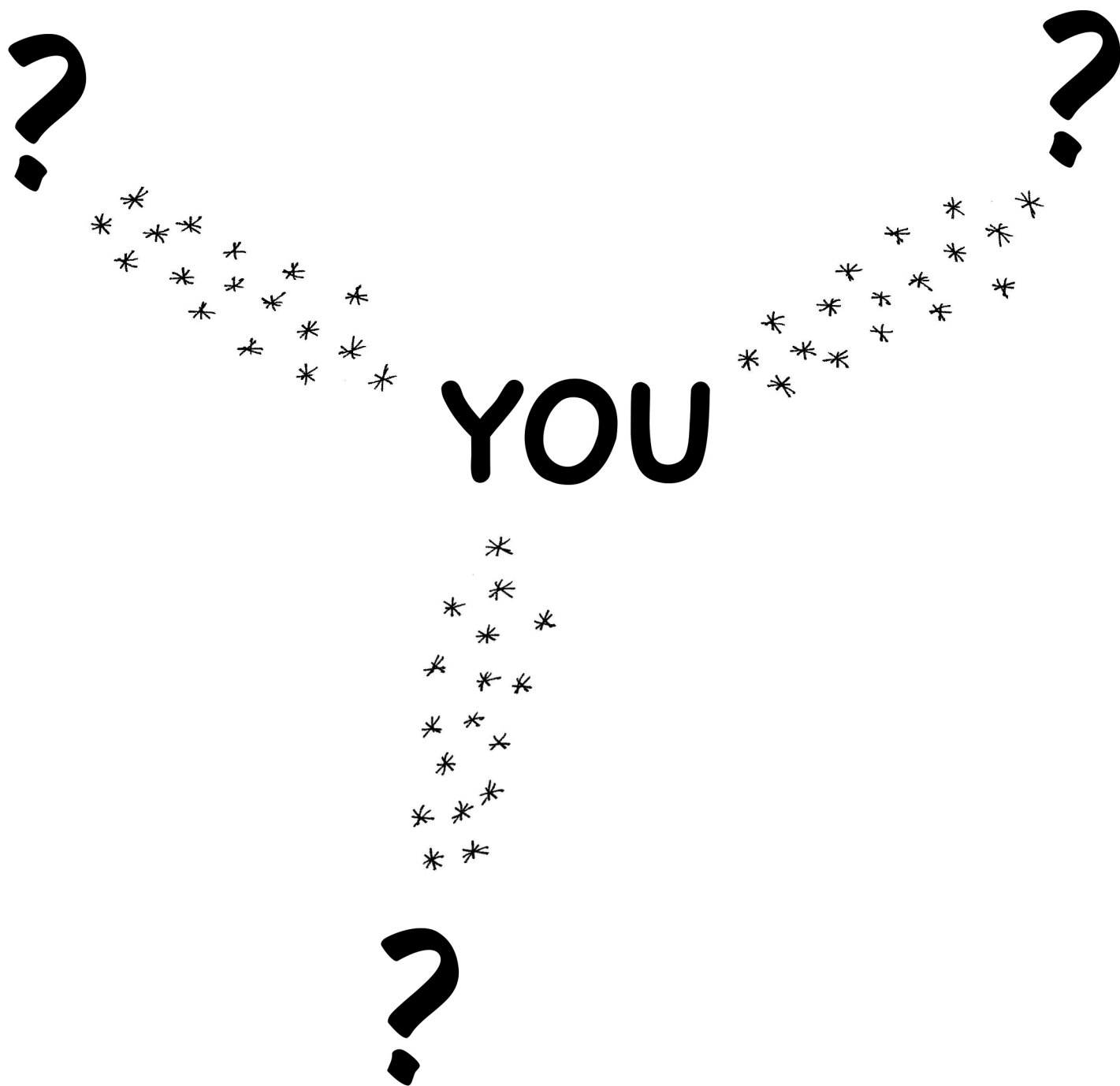
**INSPIRE - PERSPIRE - ASPIRE**



Frame Name: Inspire, Perspire, Aspire Frame

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## Build your own Frame Option 1: Three topics

What's important in your life right now? List everything...

What are the top three?

Which one shall we start with?

## Build your own Frame Option 2: Three questions

What's important to you?

What's difficult for you?

What's fun?

### Build your own Frame Option 3: Two views

Do we want this Frame to be more serious, more fun or...?

I think a great Frame would be...

This is what we agree our Frame will be...



## Build your own Frame Option 4: One each

One important thing from 'the interviewer' is...

One important thing from the person being interviewed is...

One important thing from someone else, is...

And this person is...